









# Flyball Foundation Course Training Program



## Weeks 1 & 2

-  Motivation
-  Creating Reward
-  Tug games



## Weeks 3 & 4

-  Rear end awareness
-  Recalls
-  Static retrieve

## Weeks 5 & 6

-  Distractions
-  Passing

## Week 7

-  Box fundamentals
-  Jumping fundamentals